



Believe in the goodness in you

Believe The Goodness Inside

*To say hello to a stronger, healthier
and happier life together...*

*For a
happier life..*

*We set out to reunite with nature and the natural.
We rolled our sleeves up to bring the products of the pure and unpolluted tradition
that has been filtered thousands of years to your table.*



Hünnap Goat's Milk Baby Biscuits

The foundation of a healthy body is laid when a baby is still in the mother's womb, and the story of mental, physical and spiritual development of man becomes evident with birth.

Goat's Milk Baby Biscuits by Hünnap is a delicious and healthy nutrition which provides many nutrients, vitamins and minerals that babies need to take during the day when they begin to take complementary foods in addition to breast milk around the age of 6 months. It is a natural source of protein, vitamins and minerals with whole wheat flour, goat's milk, carob powder and date molasses, which are even consumed by babies with poor appetite.

Thanks to the high fiber ratio of our product, babies do not get hungry fast and feel full for a longer period of time.

Our product does not have any Preservatives, Coloring Agents and additives such as Glucose Syrup and Palm Oil.

Alergens: Contains gluten, egg, goat's milk (lactose). May contain traces of soy products, sesame, peanut and sulphite.





Goat’s Milk Baby Biskuits by Hünnap – Food Supplement

Ingredients: **Whole Wheat Flour** (49%) (Contains Gluten), Sugar (17%), Vegetable Oil (Sunflower seed, Canola), **Goat’s Milk** (12%), Corn Starch, Date Molasses (1.9%), Minerals (Calcium Carbonate, Magnesium Carbonate, Potassium, Iron, Manganese, Zinc Sulphate, Copper, Iodine), **Egg**, Carob Powder (1.2%), Raising agents (Ammonium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Bicarbonate), Vitamins (A, C, D3, E, B1, B2, B6, B12, Niacin, Pantothenic Acid, Folic Acid, Biotine), Vanillin, Salt

ENERGY AND NUTRIENTS	For 100 g	DV* for 100 g
Energy (kJ / kcal)	1869 / 445	22 %
Fat (g)	14,2	20 %
Saturated fat (g)	8,0	40 %
Carbohydrate (g)	70,3	27 %
Sugars (g)	18,5	21 %
Fiber (g)	6,1	24 %
Protein (g)	5,9	12 %
Salt (g)	0,3	5 %

*The percent Daily Value (%DV) tells you how much a nutrient in a serving of the food contributes to a total daily diet. Daily Values are based on a 2,000-calorie diet a day in used for general nutrition advice





Recommended consumption: From 6 months: Put 5-6 pieces of (1 portion size) Hünnap Baby Biscuits and 5-6 tablespoon of warm milk or fruit juice in a clean bowl and wait for it to soften. Grind the softened biscuits with a spoon and make them ready for consumption.

VITAMIN and MINERAL VALUES		For 100 g	NRV** for 100 g
12 Vitamins	Unit		
Vitamin A	mcg	400	50
Vitamin C	mg	32	40
Vitamin D3	mcg	10	-
Vitamin E	mg	4	33
Vitamin B1	mg	0,5	-
Vitamin B2	mg	0,8	-
Vitamin B6	mg	0,7	50
Vitamin B12	mcg	0,7	28
Niacin	mg	9	56
Pantothenic Acid	mg	5	83
Folic acid	mcg	50	25
Biotine	mcg	40	80
8 Minerals	Unit	100 g	NRV** for 100 g
Calcium	mg	415	51
Iron	mg	10	71
Zinc	mg	7	70
Magnesium	mg	150	40
Iodine	mcg	50	33
Copper	mg	0,08	8
Manganese	mg	1,2	60
Potassium	mg	90	4,5

**Determined nutrient reference values are applicable to healthy individuals over the age of eleven.





Hünnap Goodcops Goat's Milk Vitamin Cocoa Crisp

It is enriched with nutrients you need not only at breakfast but at any time of the day. In addition to being nutritious, it will help you protect your health with vitamin and mineral supplements. It will be a source of energy for your daily activities. It will prevent you to get hungry fast by preventing your blood sugar spikes with high ratio of fiber.

It is gluten-free, so those who are sensitive to gluten will also be able to enjoy this product safely. It protects your health and offers a better quality of life with the natural properties of goat milk, carob and date molasses. Our product contains the ingredients that children need and can have from the age of 24 months.

The product has natural sugar from the ingredients and does not contain additional sugar.

It does not contain glucose - fructose syrup. It does not contain gluten.

100 g of 8 vitamins provides 100% of your daily need

100 g of 2 minerals provides 60% of your daily need.

100 g provides 53% of your daily fiber need.

It does not contain any additional sugar. Gluten-free. Vitamin and mineral supplements.





Goodcops Goat’s Milk Vitamin Cocoa Crisp – Food Supplement

Ingredients: Corn Flour, Date molasses (19.6%), Carob Powder (15.3%), Reduced fat cocoa powder (4.5%), Rice Flour, Whole Goat Milk Powder (2.5%), Emulgator (Sunflower Lecithin), Flavorants (Bitter Chocalate, Vanilla), Rock Salt, Vitamins and Minerals; Vitamin B1, B2, B3, B6, B5, B9, B12, D3, Iron, Zinc

ENERGY AND NUTRIENTS	For 100g	For 1 Portion size (30 g)	DV* for 1 portion size
Energy (kJ /kcal)	1552.2 / 368	466/110	6%
Fat (g)	3	0,9	1%
Saturated Fat (g)	1,4	0,4	2%
Carbohydrate (g)	73	22	8%
Sugars (g)	17,5	5	6%
Fiber (g)	13,2	4	16%
Protein (g)	6	2	4%
Salt (g)	0,8	0,2	4%

*The percent Daily Value (%DV) tells you how much a nutrient in a serving of the food contributes to a total daily diet. Daily Values are based on a 2,000-calorie diet a day in used for general nutrition advice





Vitamin and Mineral Values

	For 100 g	NRV** for 100 g
Thiamine(B1) (mg)	1,1	100%
Riboflamine(B2) (mg)	1,4	100%
Niacin(B3) (mg)	16	100%
Vitamin B6 (mg)	1,4	100%
Folic Acid B9 (mg)	0,2	100%
Pantothenic acid (B5) (mg)	6	100%
Vitamin B12 (µg)	2,5	100%
Vitamin D3 (µg)	5	100%
Iron (mg)	8,4	60%
Zinc (mg)	6	60%

**Determined nutrient reference values are applicable to healthy individuals over the age of eleven.

Allergen Warning: Contains Whole Goat Milk Powder and traces of Walnut, Hazelnut, Pistachio, Cashew, Almond, Peanut, Broad Beans, Sesame and Soy products.

Recommended Consumption: Put 7 tablespoons of (30 g = 1 portion size) Hünnap Goodcops Goat's Milk Vitamin Cocoa Cereal in a bowl. You can add cold or warm milk if you like or eat it without milk.

GLUTEN
FREE





Hünnap Goodcops Goat's Milk With Cereal, Vitamins Chocolate

225 - 450 g

Goodcops with its new real chocolate-covered flavor that can be enjoyed by children and adults. You can choose according to your needs with two different packaging quantities. You can also benefit from the ingredients that will come from functional foods with the goat milk and carob flour in its content. With its high fiber content, it has a lower glycemic index and prevents the rapid rise and fall of blood sugar.

With additional vitamins and minerals, you will meet most of your daily needs.

Gluten free, goat's milk and chocolate

Allergen Warning: May contain traces of Walnut, Hazelnut, Pistachio, Cashew, Almond, Peanut Lupine, Sesame, Sulfur Dioxide, Sulphide and its derivatives, Soy.





Ingredients: Cereals (62%)(Corn Flour,Rice Flour), Sugar, Reduced Fat Cocoa Powder (6.3%), Milk Chocolate (3.8%) [Sugar, Cocoa Butter, Whey Powder (Dairy Product), Cocoa Mass , Whole Milk Powder, Milk Fat, Emulsifier (Sunflower Lecithin)], Full Fat Goat Milk Powder (0.7%), Salt, Emulsifier (Sunflower Lecithin), Flavoring (Dark Chocolate, Vanilla).

ENERGY AND NUTRIENTS	For 100g	For 1 Portion size (30 g)	DV* for 1 portion size
Energy (kJ /kcal)	1390 / 329	417/98,7	5%
Fat (g)	3,1	0,9	1,3%
Saturated Fat (g)	1,1	0,3	1,7%
Carbohydrate (g)	72,7	21,8	8,4%
Sugars (g)	28,3	8,5	9,4%
Fiber (g)	4,9	1,5	5,9%
Protein (g)	4,8	1,4	2,9%
Salt (g)	0,4	0,1	2,0%

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VITAMIN AND MINERALS		
	For 100 g	NRV** for 100 g
Calcium (mg)	398	50%
Niacin(B3) (mg)	12,5	78%
Iron (mg)	9,4	67%
Pantothenic Acid - Vitamin B5 (mg)	4,4	73%
Vitamin B6 (mg)	1	71%
Riboflavin - Vitamin B2 (mg)	1	71%
Thiamine - Vitamin B1 (mg)	0,8	73%
Folic Acid - Vitamin B9 (µg)	144	72%
Vitamin D (µg)	2,5	50%

**Determined nutrient reference values are applicable to healthy individuals over the age of eleven.

Recommended Consumption: Put 7 tablespoons of (30 g = 1 portion size) Hünnap Goodcops Goat’s Milk Vitamin Cocoa Cereal in a bowl. You can add cold or warm milk if you like or eat it without milk.





Hünnap Carob Extract

It can be consumed for allergic asthma. It is good for cough. It can increase sperm count, and therefore good for those with low sperm count. It also gives energy.

It supports hair health in women and ensures healthy growth. Because the diet is rich in fiber, it has a healing and preventive effect on obesity, cardiovascular and gastrointestinal diseases. Thanks to fiber, the level of cholesterol, which is an important source of risk in cardiovascular diseases, is lowered.

It is known to reduce the risk of cardiovascular diseases with its potassium content. It has been proven to have a positive effect especially in cases of stroke. It has been found to be effective and protective against liver damage caused by alcohol consumption.

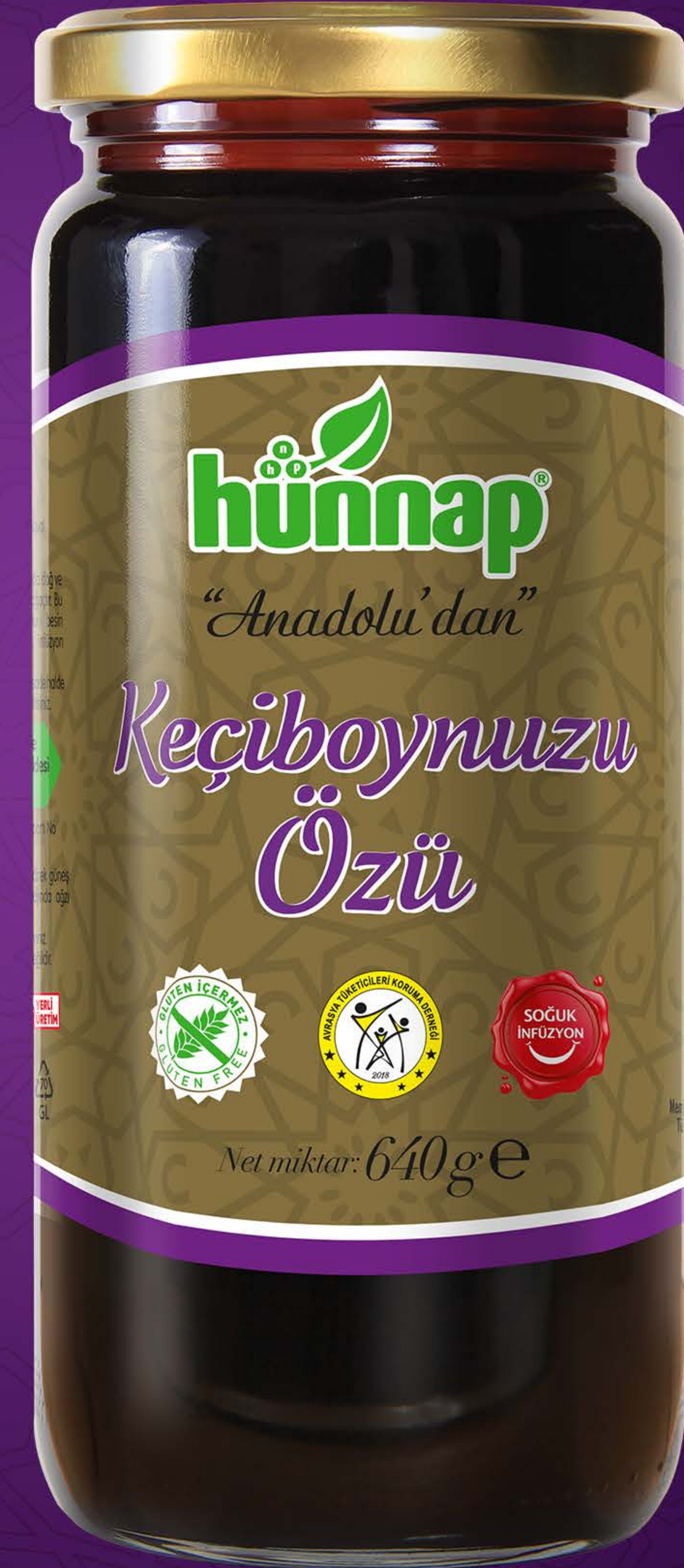
It has also been found to be protective in kidneys. The product is produced by cold infusion and helps prevent formation of carcinogenic HMF.

No additives are used in the product. It does not contain any colorants, flavorants, glucose syrup.

It is a gluten-free product that can be safely consumed by people with anemia.



ALTIN HAVAN (GOLDENER MÖRTEL)
IST DAS BESTE NICHT-PHARMAZEUTISCHE
PRODUKT DES JAHRES
-2014-





Carob Extract

Ingredients: Carob

ENERGY AND NUTRIENTS		
	For 100 ml	DV* for 100 ml
Energy (kcal/kJ)	277 / 1159	14%
Fat (g)	0	0 %
-Saturated Fat (g)	0	0 %
Carbohydrate (g)	65	25%
-Sugars (g)	60	66 %
Fiber (g)	4.5	18 %
Protein (g)	2	4 %
Salt (g)	0	0 %

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* The average adult’s daily reference intake (RI) amount (8400 kJ / 2000 kcal)





Hünnap Carob Powder

It does not contain gluten. People with Celiac disease may have carob powder. It is rich in potassium, calcium, sodium, magnesium and iron minerals. It is good for cardiovascular health. It fortifies immunity with its antioxidant properties.

It has a low glycemic index due to the fibers it contains and prevents blood sugar spikes. It is a source of energy and also increases sexual power. It is good for sperm quality and deformity.

Increases resistance to diseases such as cold and flu. Lowers bad cholesterol by regulating blood sugar. It has preventive and therapeutic properties against various allergic diseases. It is very effective against coughs. It is expectorant, thus reduces cough.

It is very good for bone health. Since carob contains high levels of calcium, it boosts the bone development of children.





Carob Powder

Ingredients:100% Carob Powder

ENERGY AND NUTRIENTS	For 100g
Energy (kJ /kcal)	1217 / 291
Fat(g)	0,2
Saturated Fat (g)	0
Carbohydrate (g)	48
Sugars (g)	42
Fiber (g)	41
Protein(g)	4
Salt (g)	1,2

Daily reference intake value of an average individual

Minerals (mg)	For 100 g	% NRV* for 100 g
Potassium	814	40
Calcium	248	31

* The determined nutrient reference values are applicable to healthy individuals over the age of four.

Preparation: It can be consumed directly with milk, yoghurt or water or used in dishes and pastries as flavorant and sweetener.





Hünnap Granola – 5 Fruits

Fresh and quality fruits and nuts produced from high quality finely chopped oatmeal are dried and preserved as a healthy option for breakfasts and snacks while preserving their nutritional values.

With its high fiber content, it helps you to protect your cardiovascular health.

Ingredients: Honey Granola {Oatmeal (Contains Gluten), Sugar, Wheat Flour (Contains Gluten), Vegetable Oil (Palm), Wheat Flour (Contains Gluten), Extruded Cereals [Rice Flour, Wheat Flour (Contains Gluten), Sugar, Wheat Malt Flour (Contains Gluten), Salt, Caramelized Sugar Powder], Corn Flakes [Corn, Sugar, Barley Malt Extract (Contains Gluten), Salt, Emulsifier (Mono- and diglycerides of fatty acids)], Honey, Coconut Powder, Salt, Vanilla Flavoring, Caramel (Water, Sugar)}, cranberry [Cranberry, sugar, vegetable oil (sunflower)], Raisin [Grape, vegetable oil (Cotton)], Filet Almond , Dried Strawberry [Strawberry, Sugar, Acidity Regulator (Citric Acid), Rice Flour].





ENERGY AND NUTRIENTS	For 100g
Energy (kJ /kcal)	1757 / 419
Fat(g)	14,3
Saturated Fat (g)	5,1
Carbohydrate (g)	59,2
Sugars (g)	22,9
Fiber (g)	8
Protein(g)	9,2
Salt (g)	0,4





Hünnap Granola – Hazelnut Chocolate

It is on your tables as a healthy option for breakfasts and snacks, together with real chocolate produced from high quality finely chopped oatmeal and quality hazelnuts.

With its high fiber content, it helps you to protect your cardiovascular health.

Ingredients: Honey Granola {Oatmeal (Contains Gluten), Sugar, Wheat Flour (Contains Gluten), Vegetable Oil (Palm), Wheat Flour (Contains Gluten), Extruded Grains [Rice Flour, Wheat Flour (contains Gluten), Sugar, Wheat Malt Flour (contains Gluten), Salt, Caramelized Sugar Powder], Corn Flakes[Corn, Sugar, Barley Malt Extract (Contains Gluten), Salt, Emulsifier (Mono- and diglycerides of fatty acids)], Honey, Coconut Powder, Salt, Vanilla Flavoring, Caramel (Water, Sugar)}, Dark Chocolate (10%) [Sugar, Cocoa mass, Vegetable Oils (Shea, palm), emulsifiers (soy lecithin, Polyglycerol Polysinoleate), Clarified butter (milk)], Hazelnut (10%)





ENERGY AND NUTRIENTS	For 100g
Energy (kJ /kcal)	1915 / 458
Fat(g)	21,1
Saturated Fat (g)	7,2
Carbohydrate (g)	52,9
Sugars (g)	16,6
Fiber (g)	8,4
Protein(g)	9,9
Salt (g)	0,4





Hünnap Granola – Oatmeal – Finely Chopped

High quality finely chopped oatmeal is imported and packed in Hünnap quality for you with high quality standards. Quality finely chopped oatmeal for your meal, which you can diversify as you wish, is now under the brand of Hünnap.

Country of Origin: Packed in Turkey using imported raw materials.

Allergen Warning: May contain traces of Walnut, Hazelnut, Pistachio, Cashew, Almond, Peanut Lupine, sesame, Sulfur dioxide, Sulphite and its derivatives, soy and dairy products.

Ingredients: Oatmeal (Contains Gluten).





ENERGY AND NUTRIENTS	For 100g
Energy (kJ /kcal)	1493 / 355
Fat(g)	6,5
Saturated Fat (g)	1
Carbohydrate (g)	54,5
Sugars (g)	1
Fiber (g)	12
Protein(g)	13,5
Salt (g)	0





Hünnap 100% Peanut Butter — With Particles

With its unique taste produced exclusively from local peanuts and obtained at high quality standards, your taste of peanut butter is now on your tables with the quality of Hünnap.

It is a high fiber and protein source. It does not contain added sugar, preservatives and additives. You can consume it as a protein source for breakfast, snacks and exercises.

Ingredients: Peanuts.





ENERGY AND NUTRIENTS

	For 100 ml	DV* for 100 ml
Energy (kcal/kJ)	612 / 2540	31%
Fat (g)	48	68 %
-Saturated Fat (g)	9	44 %
Carbohydrate (g)	17	6%
-Sugars (g) **	7	7 %
Fiber (g)	6	24%
Protein (g)	27	53 %
Salt (g)	0,2	3 %

*The percent Daily Value (%DV) tells you how much a nutrient in a serving of the food contributes to a total daily diet. Daily Values are based on a 2,000-calorie diet a day in used for general nutrition advice

**Does not contain added sugar. The amount of sugar reported is due to the nature of the product.





Hünnap Peanut Butter with Cocoa and Honey

With its unique taste produced exclusively from local peanuts and obtained at high quality standards, your taste of peanut butter is now on your tables with the quality of Hünnap.

A new flavor with cocoa, honey and apple juice.

It is a source of fiber and protein. It does not contain added sugar, preservatives and additives. You can consume it as a protein source for breakfast, snacks and exercises.

It is a product with a low glycemic index due to its fiber content.

Ingredients: Peanuts (74%), Date Molasses, Honey, Cocoa Mass, Reduced Fat Cocoa Powder.





ENERGY AND NUTRIENTS

	For 100 ml	DV* for 100 ml
Energy (kcal/kJ)	517 / 2147	26%
Fat (g)	37,5	53,6 %
-Saturated Fat (g)	7,9	39,5 %
Carbohydrate (g)	26,8	10,3%
-Sugars (g) **	16,3	18,1 %
Fiber (g)	5,6	22,4%
Protein (g)	20,8	41,6 %
Salt (g)	0,1	1,7 %

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**Does not contain added sugar. The amount of sugar reported is due to the nature of the product.





Hünnap Peanut Butter with Tahini, Date Molasses

With its unique taste produced exclusively from local peanuts and obtained at high quality standards, your taste of peanut butter is now on your tables with the quality of Hünnap.

A new flavor with tahini and date molasses.

It is a source of fiber and protein. It does not contain added sugar, preservatives and additives. You can consume it as a protein source for breakfast, snacks and exercises.

It is a product with a low glycemic index due to its fiber content.

Ingredients: Peanut, date molasses, Tahini (sesame)



ENERGY AND NUTRIENTS

	For 100 ml	DV* for 100 ml
Energy (kcal/kJ)	559 / 2316	27,6%
Fat (g)	43,5	62,1 %
-Saturated Fat (g)	7,9	39,5 %
Carbohydrate (g)	20,4	7,8%
-Sugars (g) **	10,7	11,9 %
Fiber (g)	5,5	22%
Protein (g)	24	48 %
Salt (g)	0,2	3,3 %

*The percent Daily Value (%DV) tells you how much a nutrient in a serving of the food contributes to a total daily diet. Daily Values are based on a 2,000-calorie diet a day in used for general nutrition advice

**Does not contain added sugar. The amount of sugar reported is due to the nature of the product.





Hünnap Slim Tea – Mixed Herbal Tea

It can be used to control weight problems and alleviate some of the disorders in the digestive system with its mixture of natural herbs. It helps burn fat with catechin and caffeine. In this way, weight loss becomes easier and the fat ratio decreases.

Increases fat burning by accelerating the metabolism and increasing the body temperature. Facilitates digestion. Calms nerves and helps to calm down. Prolongs satiety and eases the transition between meals. Relieves gas pains in the stomach and intestines. Helps relieve sore throat and cough. Helps you expectorate, thanks to its ingredients phencone and anethol. Facilitates digestion. Calms nerves and helps to calm down. Relieves complaints such as insomnia and stomach ache.

Slim Tea – Mixed Herbal Tea

Ingredients: Green Tea, Mate, Heather, Rosemary, Dried Bark of Cascara, Fennel, Hibiscus, Cherry stalk, Aniseed, Thyme, Milfoil, St. John's Wort, Stevia, Guarana, L-carnitine

Preparation: You can drink it after brewing a teabag in 200 ml of boiled water for 3-5 minutes.

Recommended consumption: You can have a cup in the morning on an empty stomach and also in the evenings.

Note: We do not recommend it to pregnant and nursing women.





Hünnap Mother & Baby — Mixed Herbal Tea with Fennel

Fennel tea is often recommended to breastfeeding mothers as it increases production of breast milk. Fennel tea has been found to stimulate the estrogen hormone in many scientific studies. This directly triggers the production of breast milk.

Relieves gas pains in the stomach and intestines. Helps relieve sore throat and cough. Helps you expectorate, thanks to its ingredients phencone and anethol. Facilitates digestion.

Calms nerves and helps to calm down. Aniseed increases milk production of breastfeeding mothers. Gas pains of babies may decrease when its active ingredients pass to the baby with milk.

It is a good option to relieve stomach gas, anxiety disorder, insomnia and stomach ache, provided that it is consumed with Melissa in normal amounts.

Mother & Baby — Mixed Herbal Tea with Fennel

Ingredients: Fennel (Foeniculum Vulgare), Aniseed (Pimpinella Anisum), Melissa (Melissa Officinalis), Cumin (Cuminum Cyminum), Stinging Nettle (Urtica), Stevia

Preparation: You can drink it after brewing a teabag in a cup of water for 3-5 minutes.





Hünnap Still Tea



Consisting of herbs known as herbal galactagogues, which is a natural alternative to medicines in increasing breast milk production, Still Tea helps to increase breast milk.

It is 100% safe. It consists of herbal ingredients. No side effects. It helps the mother increase breast milk production without disturbing her hormonal balance.

It does not spoil the structure and quality of milk. Provides vitamin support. It is delicious and easy to drink.

Relieves gas pains in the stomach and intestines. Helps relieve sore throat and cough. Helps you expectorate, thanks to its ingredients phencone and anethol. Calms nerves and helps to calm down.

Helps with digestive disorders such as constipation and indigestion. A source of vitamins and minerals, stinging nettle increases production of breast milk.





Still Tea

Ingredients: Sugar, Black Carrot, Fennel, Nettle Extract, Fenugreek Extract, Caraway Extract, Roselle Extract, Lemongrass, Rooibos Tea Extract, Fennel Oil, Vitamin C



ENERGY AND NUTRIENTS				
	For 100 g	RA* for 100 g	For 1 portion (200ml)	RA* for 1 portion
Energy (kj and kcal)	1595/395	20%	159,5/39,5	2%
Fat (g)	0	0%	0	0%
Saturated Fat (g)	0	0%	0	0%
Carbohydrate(g)	94	36	9,4	4%
Sugars (g)	92	102	9,2	10,2%
Fiber (g)	<0,5	0%	<1	0%
Protein(g)	<0,5	0%	<1	0%
Salt (g)	0,04	0%	0,004	0%
Vitamin C (mg)	400	500%	40	50%

*Values specify Reference Intake Level of an average individual. (8400kj/ 2000kcal)

Preparation: Mix two teaspoon (9 g) of Still Tea with a cup of (200 ml water and drink hot, lukewarm or cold.





Hünnap Cistus Tea — Mixed Herbal Tea

Cistus tea is a herb that is used in the treatment of rheumatism, ulcer, diabetes, wounds, kidney inflammation, hemorrhoids, etc.

As a result of studies on 2019 — nCov virüs carried out in our country and abroad, it has been found that Cistus works as an antiviral against enveloped viruses.

It is effective against viral diseases due to its antiviral antimicrobial properties. Thanks to its antioxidant property, it boosts the immune system.

It helps treatment of diseases such as flu and cold.

Cistus Tea — Mixed Herbal Tea

Ingredients: Cistus (Cistus İncanus L.) (60%), Roselle (Hibiskus Sabdarriffa), Wild Thyme (Thymus Serpyllum), **Flavorant:** Stevia (Stevia Revaudiana)

Preparation: Brew one tea bag in one cup of boiling water for 3-5 minutes and drink it.





Hünnap Black Seed Oil

It has been reported that the active ingredients of black seed are good for many diseases, including cancer. For many years, it has been consumed by people for the treatment of liver, kidney, cardiovascular, digestive, immune, and respiratory system disorders. It is also known to be used in the treatment of diarrhea, dysmenorrhea, indigestion, loss of appetite, amenorrhea, and intestinal worms and skin rash.

It is an antidiabetic and diabetics can consume it to support their treatment.
It helps to reduce the body mass index.

It can reduce tumors thanks to thymoquinone.
It is known to increase sperm count and sperm mobility.
It is used in the treatment of skin diseases such as eczema and acne.
It also lowers and balances cholesterol level.

Active Ingredient	1 Capsule
Black Seed Oil	500mg

Black Seed Oil – Soft Capsule – Food Supplement

Ingredients: Black Seed Oil, Soft Capsule (Bovine Gelatin, Glycerol, Water)

Recommended Consumption: Individuals over the age of 16 can take two capsules twice a day on an empty stomach.





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It is used in the treatment of skin diseases such as eczema and acne.

It also lowers and balances cholesterol level.

Black Seed Oil – Liquid

Ingredients: Black Seed Oil (Obtained by cold pressing.)

Reccommended Consumption: We recommend individuals over the age of 11 to have one teaspoon a day.





Hünnap St. John's Wort Oil

A traditional and natural solution for treatment of anxiety and depression, St. John's Wort oil can be taken for a calmer and peaceful life. It calms down an individual with its antidepressant effect. It heals wounds.

It can be applied by massaging in headaches. Massaging the muscles in your back with oil helps to reduce the muscle pain. It is applied by rubbing on the aching area for rheumatic pain and muscle aches. It can be used to stop bleeding, because St. John's Wort oil is a vasoconstrictor.

The antiseptic properties of the oil prevents the wound to catch an infection and have an inflammation. It helps wounds such as surgical scars to heal and disappear in time. It helps to remove dead skin cells, as it allows the cells to regenerate very quickly.

It has also been determined that the active ingredient of the plant, hypericin, can be used in the treatment of AIDS, as it is effective against many viruses.

St. John's Wort Oil

Ingredients: St. John's Wort Oil (Obtained by maceration)
Can be taken orally or applied externally.

Recommended Consumption: We recommend individuals over the age of 11 to take one teaspoon per day. We recommend that people who use antidepressants to consult with their physicians before taking St. John's Wort oil, as it may cause drug interaction.





Hünnap Black Mulberry Syrup

It is a very effective antioxidant.
It contributes to the protection of health of blood cells.
It has an inhibitory effect on the lung cancer cells.

It helps in the treatment of mouth sores of patients undergoing chemotherapy, helps protect oral and dental health, and is good for hypertension and diabetes.

It helps to heal tonsillitis, mouth and tooth sores, aphthae in babies and mouth sores caused by chemotherapy.

It boosts the immune system.

Black Mulberry Syrup

Ingredients: Black Mulberry (Obtained with cold infusion)

Recommended Consumption: You can take 2-3 teaspoon per day.





Hünnap Liquid Supplement Containing Black Elderberry, Propolis, Vitamin C and Vitamin D3

Thanks to its antioxidant activity, it has a therapeutic effect against many diseases such as colds, flu, cancer and diabetes in human health.

In addition to its antioxidant properties, it also shows various activities such as antiviral, antidepressant, anti-inflammatory and anticarcinogenic.

With its high Black Elderberry content and propolis, vitamins C and D3, it is a complete supplement for children and adults to strengthen their immunity.

It is in liquid form to facilitate consumption by children.
Its consumption is comfortable and easy with its strawberry flavor.

Ingredients: Deionized water, Strained pine honey, Black Elderberry (Sambucus nigra) Extract, Carob Molasses, L-Ascorbic Acid (source of Vitamin C) (1%), Beta Glucan (obtained from yeast cell wall concentrate.), liquorish (Glycyrrhiza glabra) Extract, Grape Seed (Vitis vinifera) Extract, Strawberry Flavoring, Propolis Extract [(^{*}Pure Propolis 70%), Maltodextrin (30%)] (0.214), Zinc Sulphate (Zinc source), Echinacea (Echinacea sp.) Extract, Preservative: Potassium Sorbate, Acidic Regulator: Sodium Citrates (Trisodium Citrate Dihydrate) , Thickener: Xanthan Gum, Cholecalciferol (source of vitamin D)





Serving Amount : 5 mL / 10 mL Quantity in 1 measuring spoon: 5 mL			Number of Servings: 30 (5 mL) / 15 (10 mL)	
Active ingredient	Quantity in 1 measuring spoon (5 mL)	% BRD in 1 Measuring Spoon (5 mL)	Quantity in 2 Measuring Spoons (10 mL)	% BRD in 2 Measuring Spoons (5 mL)
Elderberry Extra ct	200 mg	-	400 mg	-
C vitamini	70 mg	87,5	140 mg	175
Beta glucan	50 mg	-	100 mg	-
Licorice Extra ct	25 mg	-	50 mg	-
Grape Seed Extra ct	20 mg	-	40 mg	-
Pure Propolis	10,5 mg	-	21 mg	-
Echinacea Extrac t	10 mg	-	20 mg	-
Zinc	3,13 mg	31,3	6,26 mg	62,6
Vitami n D3	10 µg	200	20 µg	400

Country of Origin: Turkey (The countries of origin of the main components may be different.)

Recommended consumption amount: For children aged 4-10, it is recommended to consume 1 measuring spoon (5 mL) per day. For adults over 11 years old, it is recommended to consume 2 measuring spoons (2*5 mL) per day.





Hünnap Ohbee Cistus, Propolis and Black Mulberry Extract Spray Food Supplement

Cistus is a traditional medicinal herb that helps treat rheumatism, ulcers, diabetes, wound healing, kidney inflammation, hemorrhoids, and other ailments.

2019 – As a result of domestic and foreign studies against nCov virus, it has been stated that cistus is antiviral against enveloped viruses.

It is effective against viral diseases due to its antiviral antimicrobial properties. It provides superior protection with active ingredients from propolis and black mulberry. In addition to its antiviral and antimicrobial effect, it also helps to heal oral wounds.

Ingredients: Water, Xylitol (E 967), Thickening Enhancer, Black Mulberry (Moms nigra) extract, Olive leaf (Olea europea) extract, Ladenum (Cistus x incanns L.) extract, Propolis (Pure propolis), Sage (Salvia officinalis) extract, Flavoring (Mint Flavor), Preservative (Potassium sorbate (E 202))



HÜNNAP OHBEE CİSTUS, PROPOLİS VE KARADUT EKSTRAKTLI SPREY TAKVİYE EDİCİ GIDA

4-10 yaş grubu çocukların ve yetişkinlerin kullanımına uygundur.

Porsiyon Miktarı:	Porsiyon Adedi:	
3 Puf / 18 Puf	75 (3 puf) / 13(18 puf)	
1 Puf (0,134 mL) içeriği		
Etken Madde	% (g/mL)	mg
Karadut (Moms nigra) ekstraktı	8,606	13,4
Zeytin yaprağı (Olea europea) ekstresi	8,606	13,4
Laden (Cistus x incans L) ekstresi	3,956	6,16
Propolis (Saf propolis)	1,29	2,01
Adaçayı (Salvia officinalis) ekstresi	0,43	0,67

İçindekiler:
Su, Xsilitol (E 967), Kıvam Arttırıcı, Karadut (Moms nigra) ekstraktı %8,6, Zeytin yaprağı (Olea europea) ekstraktı, Laden (Cistus x incanns L.) ekstraktı %3,9, Propolis (Saf propolis) %1,2, Adaçayı (Salvia officinalis) ekstraktı, Aroma Vencü (Nane Aroması), Koruyucu (Potasyum sorbat (E 202))

(Propolis ekstraktı, ekstraksiyon süreci olarak Etil alkol ve su kullanılmıtır. Ekstraksiyon sonrası etil alkol uzaklaştırılmıştır.)

Tavsiye edilen günlük alım dozu:
4-10 yaş arası çocuklar için; Günde 3 kez 1 puf,
11 yaş üzeri ve yetişkinler için; Günde 4 saate bir 3 puf, ağız içine puskütlerek tüketilmesi önerilir.

Tavsiye edilen günlük porsiyonu aşmayın. Takviye edici gıdalar normal beslenmenin yerine geçmez. Çocukların ulaşamayacağı yerde saklayınız. 25 °C'nin altında oda sıcaklığında çocukların ulaşamayacağı yerlerde kendi ambalajında saklayınız.





Portion Amount: 3 Puffs / 18 Puffs Number of Portions: 75 (3 puffs) / 13 (18 puffs)		
Contents of 1 Puff (0.134 mL)		
Active ingredient	% (g/mL)	mg
Black Mulberry (Moms nigra) extract	8,606	13,4
Olive Leaf (Olea europea) extract	8,606	13,4
Spruce(Cistus x incanns L.) extract	3,956	6,16
Propolis (Pure propolis)	1,29	2,01
Sage(Salvia officinalis) extract	0,43	0,67

Country of Origin: Turkey (The countries of origin of the main components may be different.)

Recommended daily intake: For children 4-10 years old; 1 puff 3 times a day. For over 11 years old and adults; It is recommended to consume 3 puffs every 4 hours by spraying into the mouth.





Hünnap Organic Hawthorn Vinegar

It helps relieve atherosclerosis by expanding the vessels that provide blood circulation.

It balances blood pressure, nourishes the heart muscles and helps strengthen the heart. Vinegar has a positive effect on blood sugar levels and has been used in the treatment of diabetes in recent years.

Bioactive compounds such as organic acids, phenolic compounds and melanoidins in vinegar are reported to have antimicrobial, antioxidant, antidiabetic, cardiovascular, anticarcinogenic, antitumor, anti-infectious effects and are used in various health applications.

There are studies showing that hawthorn vinegar has very strong metabolic effects in patients with high cardiovascular risk. Hawthorn vinegar supplementation reduces body weight, blood pressure, serum glucose, HbA1c, cholesterol, LDL, and triglyceride. At the same time, the study shows a significant increase in HDL and a decrease in total cholesterol/HDL.

It has been observed that hawthorn vinegar has high phenolic content and high antioxidant capacity. In addition, studies have revealed that hawthorn vinegar is also rich in minerals.

Organic Hawthorn Vinegar

Ingredients: Hawthorn Vinegar (Traditionally fermented from organic fruits.)

Recommended Consumption Amount: It can be taken by mixing a teaspoon of apple cider vinegar in a tea glass of water. It can also be taken with salads.





Hünnap Organic Apple Cider Vinegar

Its ingredient pectin lowers the blood cholesterol. It is rich in potassium. Thanks to this property, it strengthens the heart muscles. It facilitates digestion.

Apple cider vinegar contains more minerals and vitamins than a regular vinegar. It maintains the balance of the body with the minerals it contains. The high amount of calcium in its content gives the body resistance against bone loss (osteoporosis) that may develop in old age.

Apple cider vinegar can also help relieve fatigue and dysmnnesia. The antimicrobial effect of apple cider vinegar on E. coli, S. aureus and C. albicans was examined. It has been found that regular use of vinegar ensures glycemic (blood sugar) control. Vinegars are the source of polyphenol compounds synthesized by plants against oxidative stress. Polyphenols have an antioxidant effect in humans and reduce the risk of cancer.

Vinegar and peanut consumption can reduce the glycemic index, which is associated with the feeling of satiety and educes food consumption. It helps to lose weight indirectly by slowing down gastric emptying, giving a feeling of satiety and reducing food consumption.

Organic Apple Cider Vinegar

Ingredients: Apple Cider Vinegar (Traditionally fermented from organic fruits.)

Recommended Consumption: It can be taken by mixing a teaspoon of apple cider vinegar in a tea glass of water. It can also be taken with salads.





Hünnap Propolis Extract

The word “Propolis” is derived from Hellenistic Ancient Greek. Pro- means for, or in front of, and -polis means the city, and indeed propolis is used to protect the “city” of bees. Honey bees use propolis to reduce the size of the entrance to their hive making it easier to defend. They also use propolis as a way to sterilise and disinfect the hive. It is an alternative food that has been used by the people as both a protective and a healthy diet since 300 BC.

Approximately 300 different compounds were found, including nearly 150 bioactive compounds. Propolis contains vitamins B1, B2, C, E, as well as minerals such as zinc, copper, iron, calcium, magnesium, sodium and potassium.

The antiviral activity of propolis against enveloped viruses and bacteria have been demonstrated, and it also helps boost the immune system.

It can be used in the treatment of breast, skin, larynx, liver, colon, bladder and ovarian cancer, and it is thought to prevent the development of cancerous cells and reduce the likelihood of healthy cells turning into cancerous cells. It has been demonstrated to protect the liver against harmful substances.

It helps to heal wounds, and it is also effective against viruses such as adenovirus and influenza. It helps in the treatment of flu and common cold.





Propolis Extract

Ingredients: Pure Propolis Extract, Water

Active Ingredient	Properties	10 Drops	20 Drops	40 Drops
Pure Propolis	Extract	40.5 mg	81 mg	162 mg

Recommended consumption: Children over 4 years of age can have 10 drops twice a day, and individuals over 11 years of age can have 20 drops twice a day.





Pastilles Food Supplement Containing Cistus Incanus L (Laden), Propolis, Thyme

Cistus is a traditional medicinal herb that helps treat rheumatism, ulcers, diabetes, wound healing, kidney inflammation, hemorrhoids, and other ailments. 2019 — As a result of domestic and foreign studies against nCov virus, it has been stated that cistus is antiviral against enveloped viruses. It is effective against viral diseases due to its antiviral antimicrobial properties. Thanks to its antioxidant activity, it has an immune-boosting effect. It contributes to the treatment of diseases such as flu and colds.

Since the product is a soft lozenge, it has been adjusted to make consumption more comfortable and to facilitate consumption at a level that will not disturb its aroma. It offers ease of use with its envelope package. It is recommended to reduce viral threats from environmental factors for consumption during the day. It is recommended to consume it periodically during the day to ensure this protection.

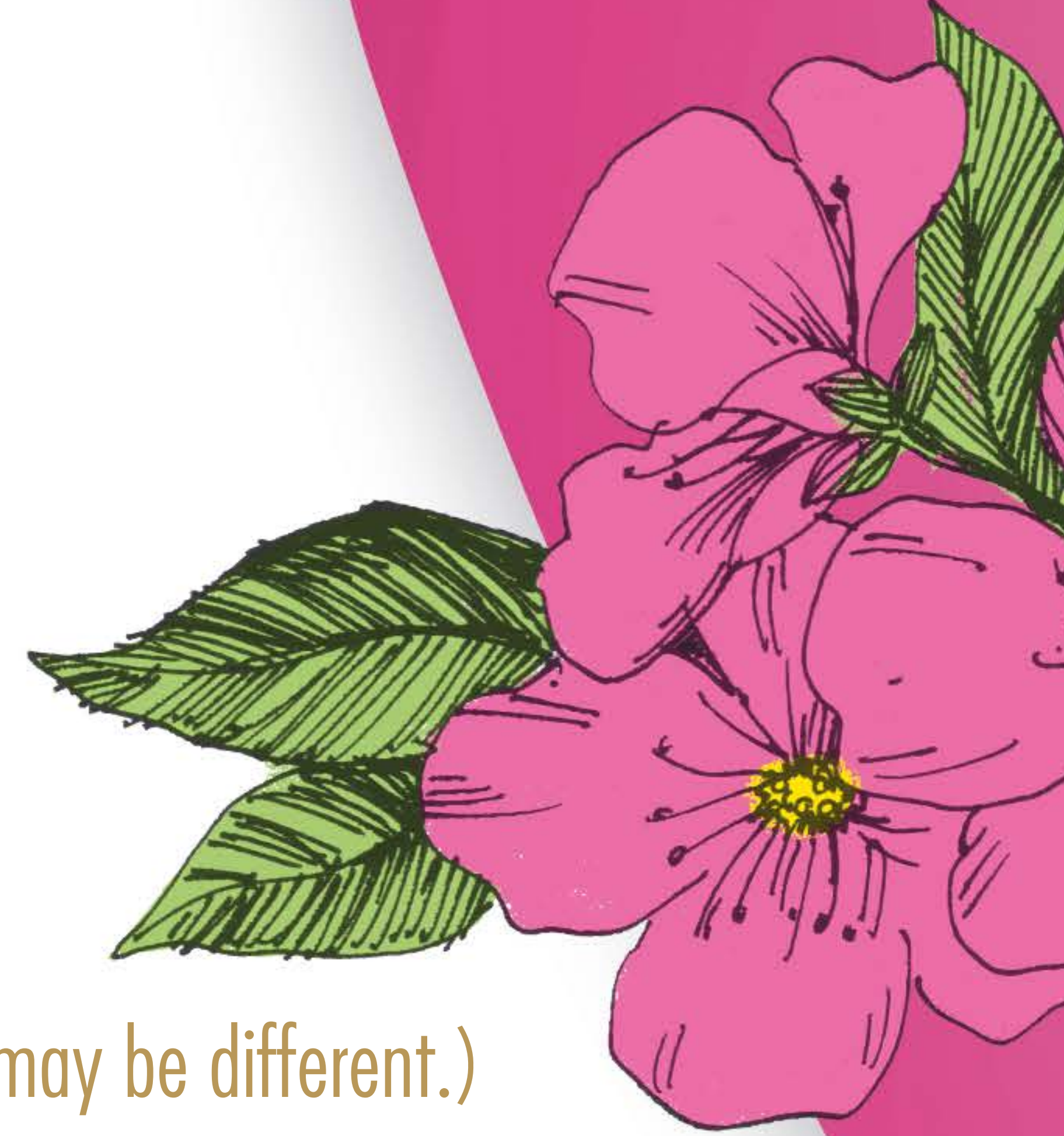
Ingredients: Sweetener Maltitol, Carrier Sorbitol, Thickener Gum Arabic, Ladenum Extract (Cistus incanus L.), Propolis Extract, Thyme Extract, Iceland Moss Extract, Rosehip Extract, African Geranium Extract, Flavoring: (Honey flavor, Menthol, Thymol, Blackberry) , Stevia Powder



Porsiyon Miktarı: 1,6 g 1 Porsiyon : 1 Adet Pastil	Porsiyon Adeti: 12	
Etken Madde	1 Pastildeki miktar (mg)	Günlük Porsiyon (4 Pastil)(mg)
Laden Ekstresi (Cistus incanus L.)	20	80
Saf Propolis	0,48	1,92
Kekik Ekstresi (Thymus sp.)	16	64
İzlanda Yosunu Ekstresi (Cetraria islandica)	9,6	38,4
Kuşburnu Ekstresi	8	32
Afrika Sardunyası Ekstraktı	8	32

Country of Origin: Turkey (The countries of origin of the main components may be different.)

Recommended Consumption Recommendation: It is recommended to consume up to 4 lozenges per day. It is suitable for consumption by adults aged 11 and over.





Hünnap Liposomal Vitamin C

It has positive effects on cardiovascular diseases, digestive system infections, cancer, cholesterol absorption, stress and nervous system.

It helps boost the immune system. It protects against and used in the treatment of flu and common cold. It helps reduce fatigue and exhaustion. It makes you more energetic.

Food Supplement containing Lipo C – Liposomal Vitamin C

Ingredients: Deionized Water, Phospholipids (Phosphatidylcholine, Phosphatidylinositol, Phosphatidylethanolamine), L-ascorbic acid, Sea Buckthorn extract, Rosehip Extract, Sodium L-Ascorbate, Flavorant (Orange Flavor), Protective (Potassium sorbate), Stevia (Stevia rebaudiana)

Active Ingredients	10mg/mL	BRD (%)
Vitamin C (Sodium L-Ascorbate)	1000mg	1250
Phospholipids	1077 mg	
(Phosphatidylcholine)	571 mg	
(Phosphatidylinositol)	340 mg	
(Phosphatidylethanolamine)	166 mg	

Recommended Consumption: Children over the age of 4 can take 5 ml Hünnap Liposomal Vitamin C per day by mixing it with 100 ml of water, and individuals over the age of 11 can take 10 ml per day with 100 ml of water.





Hünnap Ester-C

Since it is in the Ester C form, it does not cause discomfort in the stomach, its absorption is higher, stays in the body for a longer period of time, it is more efficient.

It helps boost the immune system. It protects against and used in the treatment of flu and common cold. It helps to reduce fatigue and exhaustion.

It makes you more energetic.

Food Supplement containing Esther C- Vitamin C

Ingredients: Calcium L-ascorbate, edible gelatine, maltodextrin, Anti-caking agents (magnesium salts and silicon dioxide)

Active ingredient	2 capsules	BRD (%)
Vitamin C	1000mg	1250

Recommended Consumption: Individuals over the age of 11 can take two capsules twice a day.





HÜNNAP VITAMIN D3 – VITAMIN K2

The positive effect of using vitamin D for bone health has been known for many years.

It prevents calcium excretion and helps calcium transport in bones.

It prevents calcification due to use of vitamin D.

It reduces the risk of intestinal and liver diseases.

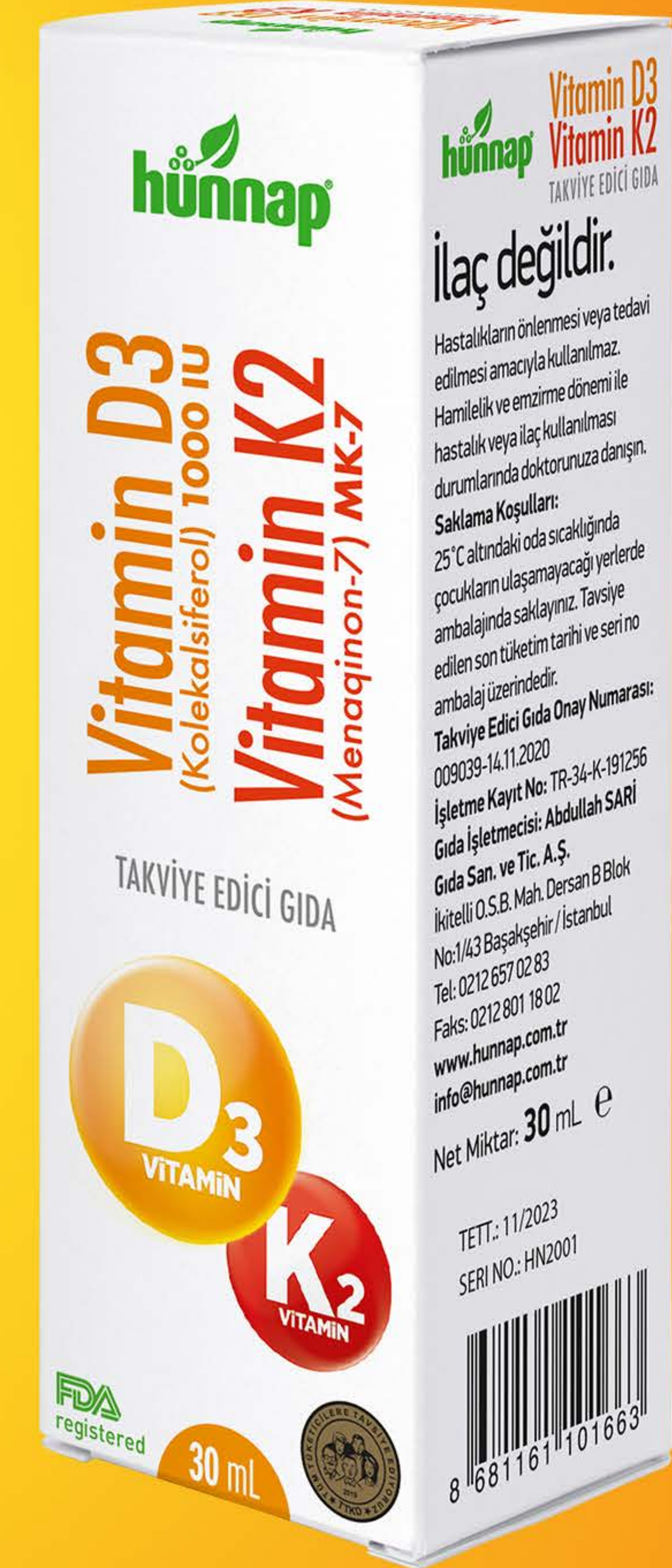
Vitamin D3 Vitamin K2 Food Supplement

Ingredients: Olive Oil, Vitamin D3 (Cholecalciferol), Vitamin K2 (Menaquinon 7)

Active Ingredient:

Active Ingredient	10mg/mL	BRD (%)
Vitamin D3 (Cholecalciferol)	1000 IU (25 µg)	500
Vitamin K2 (Menaquinon 7)	11,5 µg	13,33

Recommended consumption: Individuals over the age of 11 can take one drop of vitamin per day.





QUALITY CERTIFICATES



ISO 9001:2015



ISO 10002:2018



ISO 14001:2015



ISO 45001:2018



ISO 22000:2018



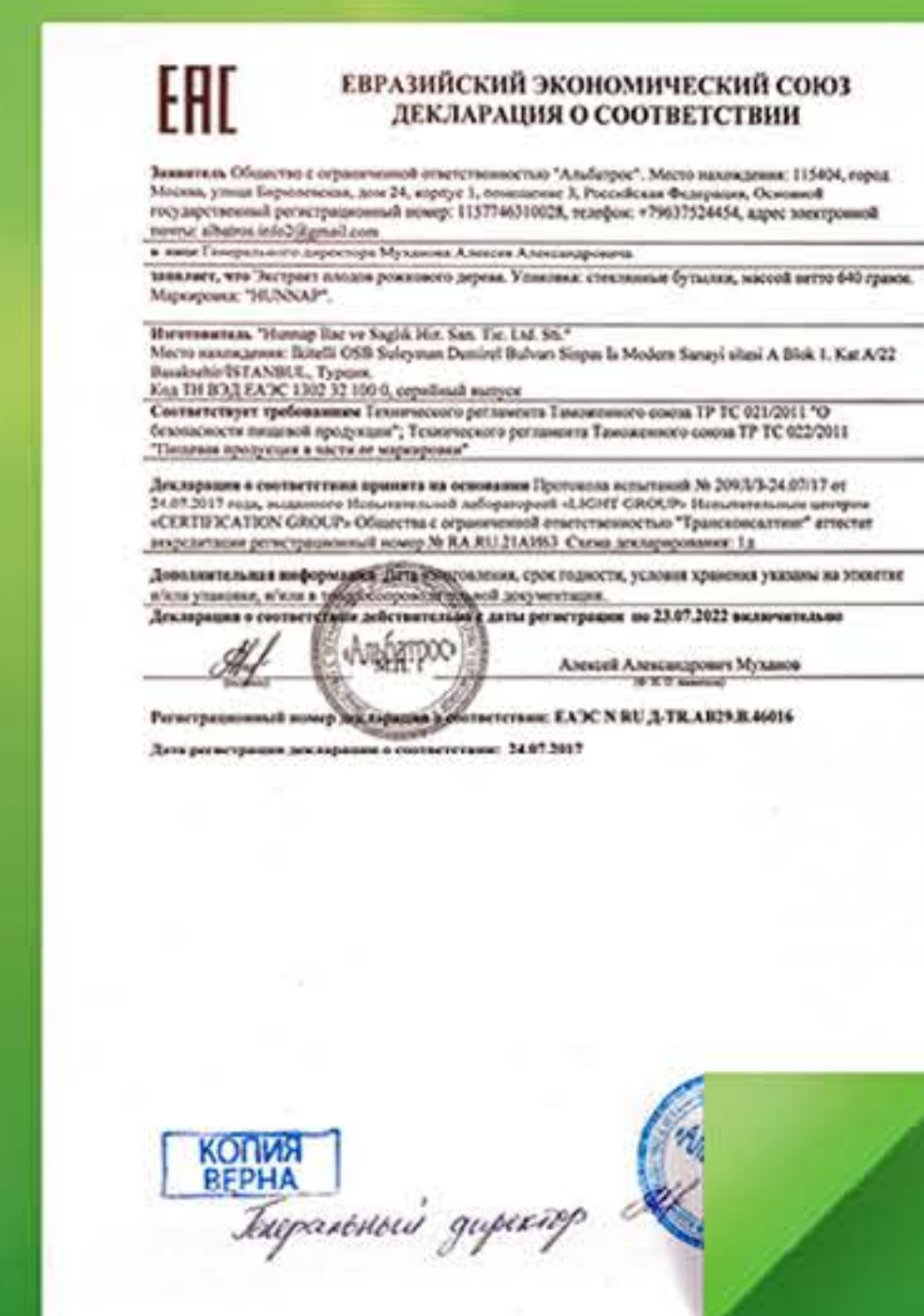
HALAL CERTIFICATE
2019



TTKD AWARD
"ALTIN MARKA"
2019



ISO 22716:2007



EAC
2022



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Thanks...